

2026 Australian Short Course Championships

Sydney Olympic Park Aquatic Centre

29 September - 02 October, 2026

DAY 1-Tuesday 29th September HEATS @ 10:00am			DAY 2-Wednesday 30th September HEATS @ 10:00am			DAY 3-Thursday 1st October HEATS @ 10:00am			DAY 4-Friday 2nd October HEATS @ 10:00am		
1	Women's 200m Free	H	18	Women's 200m Back	H	34	Women's 100m Fly	H	52	Women's 200m Fly	H
2	Men's 200m Free	H	19	Men's 200m Back	H	35	Men's 100m Fly	H	53	Men's 200m Fly	H
3	Women's 400m Free MC	H	20	Women's 50m Free MC	H	36	Women's 100m Free MC	H	54	Women's 100m Fly MC	H
4	Men's 400m Free MC	H	21	Men's 50m Free MC	H	37	Men's 100m Free MC	H	55	Men's 100m Fly MC	H
5	Women's 100m Breast	H	22	Women's 50m Breast	H	38	Women's 400m Free	H	56	Women's 50m Free	H
6	Men's 100m Breast	H	23	Men's 50m Breast	H	39	Men's 400m Free	H	57	Men's 50m Free	H
7	Women's 200m Free MC	H	24	Women's 100m Free	H	40	Men's 150m IM MC	H	58	Women's 200m Breast	H
8	Men's 200m Free MC	H	25	Men's 100m Free	H	41	Women's 150m IM MC	H	59	Men's 200m Breast	H
9	Women's 100m Back	H	26	Women's 50m Breast MC	H	42	Men's 200m IM MC	H	60	Women's 50m Back MC	H
10	Men's 100m Back	H	27	Men's 50m Breast MC	H	43	Women's 200m IM MC	H	61	Men's 50m Back MC	H
11	Women's 50m Fly MC	H	28	Women's 400m IM	H	44	Women's 200m IM	H	62	Women's 100m IM	H
12	Men's 50m Fly MC	H	29	Men's 400m IM	H	45	Men's 200m IM	H	63	Men's 100m IM	H
13	Women's 50m Fly	H	30	Women's 100m Back MC	H	46	Women's 50m Back	H	64	Women's 100m Breast MC	H
14	Men's 50m Fly	H	31	Men's 100m Back MC	H	47	Men's 50m Back	H	65	Men's 100m Breast MC	H
15	Women's 1500m Free (slow heat)	TF				48	Women's 4x200m Free Relay	TF	66	Women's 800m Free (slow heat)	TF
16	Men's 800m Free (slow heat)	TF				49	Men's 4x200m Free Relay	TF	67	Men's 1500m Free (slow heat)	TF

FINALS @ 6:00pm			FINALS @ 6:00pm			FINALS @ 6:00pm			FINALS @ 6:00pm		
1	Women's 200m Free	F	18	Women's 200m Back	F	34	Women's 100m Fly	F	52	Women's 200m Fly	H
2	Men's 200m Free	F	19	Men's 200m Back	F	35	Men's 100m Fly	F	53	Men's 200m Fly	H
3	Women's 400m Free MC	F	20	Women's 50m Free MC	F	36	Women's 100m Free MC	F	54	Women's 100m Fly MC	F
4	Men's 400m Free MC	F	21	Men's 50m Free MC	F	37	Men's 100m Free MC	F	55	Men's 100m Fly MC	F
5	Women's 100m Breast	F	22	Women's 50m Breast	F	38	Women's 400m Free	F	56	Women's 50m Free	F
6	Men's 100m Breast	F	23	Men's 50m Breast	F	39	Men's 400m Free	F	57	Men's 50m Free	F
7	Women's 200m Free MC	F	24	Women's 100m Free	F	40	Men's 150m IM MC	F	58	Women's 200m Breast	F
8	Men's 200m Free MC	F	25	Men's 100m Free	F	41	Women's 150m IM MC	F	59	Men's 200m Breast	F
9	Women's 100m Back	F	26	Women's 50m Breast MC	F	42	Men's 200m IM MC	F	60	Women's 50m Back MC	F
10	Men's 100m Back	F	27	Men's 50m Breast MC	F	43	Women's 200m IM MC	F	61	Men's 50m Back MC	F
11	Women's 50m Fly MC	F	28	Women's 400m IM	F	44	Women's 200m IM	F	62	Women's 100m IM	F
12	Men's 50m Fly MC	F	29	Men's 400m IM	F	45	Men's 200m IM	F	63	Men's 100m IM	F
13	Women's 50m Fly	F	30	Women's 100m Back MC	F	46	Women's 50m Back	F	64	Women's 100m Breast MC	F
14	Men's 50m Fly	F	31	Men's 100m Back MC	F	47	Men's 50m Back	F	65	Men's 100m Breast MC	F
15	Women's 1500m Free (fast heat)	TF	32	Mixed 4x50m Free Relay	TF	50	Women's 4x100m Free Relay	TF	66	Women's 800m Free (fast heat)	TF
16	Men's 800m Free (fast heat)	TF	33	Mixed 4x50m MC Free Relay	TF	51	Men's 4x100m Free Relay	TF	67	Men's 1500m Free (fast heat)	TF
17	Mixed 4x50m Medley Relay	TF							68	Women's 4x100m Medley Relay	TF
									69	Men's 4x100m Medley Relay	TF

Minimum age for all swimmers is 13 years and 12 years for MC swimmers.

A Finals will be held for the top fastest swimmers in all 50m, 100m and 200m events.

B Finals will be held for all 50m, 100m & 200m events, provided at least 24 swimmers contest the heats.

Unlimited visitors may progress to A and B Finals in all **MC Events**.

**In all other non-MC events**, visitors will not be able to progress to A finals, however a maximum of 2 may progress to all B finals.

400m, 800m and 1500m freestyle and 400m IM events are Timed Finals with the fastest heat swum in the Finals session.

All Relay events are Timed Finals and will be contested in the evening Finals session, with the exception of the 4x200m Free Relay which will be contested in the morning Heats session on day 3.

Mixed MC Relays will be swum as a State Relays. Individual Club's cannot enter State MC Relays. States may enter a maximum of two teams per state with teams consisting of 2M/2F. Medals will be awarded in these events.

Open finalist medals will be awarded to the top 3 place getters in all finals events.

Entries close 12noon (midday) AEST Monday 14th September, 2026 - times achieved after the closing date will not be accepted under any circumstances.